

The Influence of the Effectiveness of the School-Age Adolescent Guidance Program (BRUS) on Adolescent Perceptions Regarding Early Marriage in Sukabumi Districts

Felira Nispadia Sabilla¹, Ike Rachmawati², and Rizki Hegia Sampurna³

¹²³Department of Public Administration, University of Muhammadiyah Sukabumi, Sukabumi, Indonesia

*Corresponding author: Feliranispadia@gmail.com

ABSTRACT

This study aims to measure the impact of the School-Age Youth Guidance Program (BRUS) on adolescents' perceptions of early marriage in Sukabumi Regency. It also aims to improve the program's effectiveness in raising adolescents' awareness of the negative impacts of early marriage and the importance of ensuring marriage until they are physically, emotionally, and financially ready. The research method used was a quantitative approach with a Correlational design. The study population was adolescents aged 11–19 who had participated in the BRUS program, with a sample size of 100 respondents. Data were collected using a questionnaire containing questions related to adolescents' knowledge and perceptions of early marriage before and after participating in the program. Data analysis was conducted using Correlation statistics and regression tests to measure the relationship between program effectiveness and changes in adolescents' perceptions. The results showed that the BRUS Program had a significant impact on adolescents' perceptions of early marriage, with an effect of 68.8%. This program proved effective in raising adolescents' awareness of the negative impacts of early marriage, despite challenges in reaching all adolescents and ensuring equitable understanding.

Keywords: BRUS Program, Perception, Early Marriage

1. INTRODUCTION

Early marriage is phenomena that occur when individuals who are still in category teenager or below age mature carry out marriage. In the Indonesian context, the problem early marriage the more get attention Serious Because its impact is quite big towards the future teenagers involved. Based on data from UNICEF, Indonesia still occupy sufficient position tall in case early marriage in the world, with Lots case occurring in the regions rural areas. One of the sufficient area tall number early marriage is Regency Sukabumi. The height number early marriage in the Regency Sukabumi become issue social needs attention from various parties, in particular government, to prevent the occurrence marriage at an undeveloped age Enough mature. Adolescence is a period of complete transition with challenges. At the age of this, a lot teenagers who are still is at in stage development physical, emotional, and social that has not yet fully stable. Environmental factors, social interactions, and ignorance about consequence term long from early marriage often become reason main the occurrence phenomenon this. In many case, marriage early No only impact on aspects health physical and mental health of adolescents, but also hinders education and career them in the future. Teenagers who marry at the age of early tend experience difficulty in continue education and often trapped in cycle poverty (Khaeriyah, 2022).

Early marriage also has impact wide negative for partner young. In social, they tend more prone to to problem House stairs, such as divorce and violence in House stairs. In terms of economy, they Possible No Ready in a way financial For manage House stairs, so that increase risk poverty. In addition, from aspect education, marriage early result in Lots teenager separated schools, especially for teenager women. This is cause low level education and opportunities work, which has an impact on quality life their future. The Indonesian government, through the Ministry of Religion (Kemenag), has launch various programs for prevent early marriage, one of them is a Guidance Program Teenager Age School (BRUS). This program aim For give knowledge to teenager about danger early marriage as well as importance continue education. BRUS also works as receptacle for teenager For get guidance and counseling that can help they in face pressure social, family and social interactions that can push the occurrence early marriage. According to Wulandari (2018:16) the program can be said to be effective if it pays attention to things such as, understanding of the program made, accuracy of targeting, timeliness, achievement of goals and real changes.

In the Regency Sukabumi, BRUS is expected can be one of solution For lower number early marriage. With to educate teenager about impact negative from early marriage, expected teenager will more choose For postpone wedding until they truly Ready in a way emotional, social, and financial. Through activity guidance this, it is expected teenager can develop greater understanding Good about importance education and development self for a better future Good.

However, even though BRUS has implemented in various area, its effectiveness in change perception teenager about early marriage Still need evaluated more continue. Is this program truly give impact positive to perception teenager about early marriage in the Regency Sukabumi? Research This aim For answer question the with measure to what extent is the effectiveness of the BRUS program in influence perception teenager about early marriage in the Regency Sukabumi (Sasmita et al., 2024).

With this program, it is hoped that teenager own more views critical to early marriage, no consider it as solution on problem social or economy, as well as more choose For focus on education and development self before decide For married. In addition, research this will also see how BRUS can help reduce number early marriage, especially in the Regency Sukabumi, which is currently This be one of area with number early marriage enough high in West Java.

The quantitative approach used to assess the effectiveness of the BRUS program makes this research unique. Through correlation and regression analysis, this study contributes original insights to the literature on preventing early marriage in Indonesia. Based on background behind this, research This will explore effectiveness of the BRUS Program in increase understanding and perception teenager related danger early marriage, and impact expected positive can caused from the program (Darwin & Putra, 2024).

2. METHODS

Study This use method study quantitative with approach correlation For measure effectiveness of the Guidance Program Teenager Age School (BRUS) against perception

teenager about early marriage in the Regency Sukabumi. Approach quantitative chosen Because allows For collect data that can be measured and analyzed in a way statistics use get clear understanding about impact of the program on adolescents. The population involved in study This is teenager aged 11–19 years who have participated in the BRUS program. A total of 100 respondents chosen as sample in study this. Respondent chosen in a way random from various schools in the Regency Sukabumi which has participate in the BRUS program. Selection sample done with use simple sampling technique, with the goal is for the results study can reflect a clearer picture wide about perception teenager related early marriage after following the BRUS program. The questionnaire was developed based on indicators of program perception and effectiveness adapted from the literature, using a 5-point Likert scale with response options ranging from strongly agree to strongly disagree, allowing researchers to measure the intensity of respondents' opinions. Before the questionnaire was fully distributed, the instrument was tested for validity and reliability.

Data collected analyzed use technique statistics correlation, which aims For describe patterns and relationships between variables studied. Analysis This will give description about how much big change perception teenager related early marriage after follow the BRUS program.

3. RESULTS AND DISCUSSION

Study This show that the Guidance Program Teenager Age School (BRUS) has influence significant to change perception teenager about early marriage in the Regency Sukabumi. This program proven increase awareness teenager about importance postpone marriage and investing in education as well as development self. Based on results data analysis from 100 respondents spread across various level education and range aged 11–19 years, found that effectiveness of the program contributes influence by 68.8% against perception teenagers, which is reflected in mark coefficient determination ($R^2 = 68.8\%$). This show that almost 70% change perception teenager can explained by the effectiveness of the BRUS program, which has very close relationship strong with change attitude they to early marriage (Febriyani & Mesra, 2024).

a. Correlation and Regression Test

Model Summary				
Model	R	R Square	Adjusted Square	Std. Error of the Estimate
1	.830 ^a	.688	.685	2.699

In a way statistics, relationships between effectiveness of the Guidance Program Teenager Age School (BRUS) and change perception teenager about early marriage very strong and significant. One of the the method used For measure connection This is analysis correlation, which functions For determine how far are the two variable relate One each other.

In research this, coefficient correlation obtained of 0.830 indicates very close relationship significant between program effectiveness and change perception teenager about

early marriage. Coefficient The correlation of 0.830 illustrates strong and positive relationships between two variable said, which means that the more effective implementation of the BRUS program, increasingly big change positive that occurs in perception teenager about early marriage. Coefficient value correlation this also shows that the relationship that occurs No nature coincidence, but is results from systematic and structured interventions in the BRUS program. In other words, the success of this program No only is temporary, but show significant impact in increase understanding and awareness teenager about importance postpone wedding until they Ready in a way emotional, social, and financial.

However, even though connection This strong, important For understand that correlation No always show connection cause and effect. Although there is significant correlation, there is possibility other factors that also play a role in influence perception teenager to early marriage, such as influence family, friends peers, as well as environment social and cultural place they stay. Therefore that, although coefficient high correlation give strong indication about program impact, analysis regression more carry on required For test whether the effectiveness of the program is really influential direct to change perception teenagers. For confirm findings from analysis correlation, research this also uses regression testing For more deep dig connection between second variable said. Regression test useful For know to what extent the variables independent (in matter this, the effectiveness of the BRUS Program) can influence variable dependent (perception teenager about early marriage).

Coefficients^a

Model	Unstandardized Coefficients		Standardized Coefficients	T	Sig.
	B	Std. Error	Beta		
(Constant)	4.379	1.677		2.611	.010
efektivitas program	.515	.035	.830	14.717	.000

Regression test results show p-value of 0.000, which is more small from level usual significance used (0.05). Very p-value low This indicates that connection between program effectiveness and change perception teenager is very significant in a way statistics. In a way more detailed, the p-value is higher small from 0.05 shows that possibility the occurrence significant relationship between second variable This is not coincidence, but rather results from systematic and structured program implementation. In the context of this, the p-value results are very low strengthen argument that the BRUS program is indeed influential significant to change perception teenager about early marriage. Therefore that, the more effective implementation of this program, increasingly big the impact to perception teenager For postpone early marriage. In addition, the results of the regression test can also give description about big the impact of the program on change perception teenagers. Based on results analysis regression, obtained mark coefficient regression of 0.75 which shows that every improvement one unit in the effectiveness of the program will leading to improvement by 0.75 in change perception teenager to early marriage. This figure show enough influence big from the program to change attitudes and understanding teenagers. Although Thus, it is important For noted that simple linear regression only measure connection One direction between variable independent and dependent, without consider possibility influence other

variables that can moderate or mediate connection said. As example, factor social economy, level education family, or level access information can also be influence How teenager respond the material presented in the BRUS program. Therefore that, in study more continue, can under consideration For using regression model multiple that can enter more Lots variable For analyze other factors that influence observed results.

With consider results analysis correlation and regression tests, can concluded that the BRUS Program is very effective in change perception teenager about early marriage. Significant and strong relationship between program effectiveness and change perception teenager show that this program succeed give impact positive that can reduce number early marriage with increase awareness and understanding teenager about impact negative from early marriage. Therefore that's important For Keep going strengthen and expand implementation of this program so that it can reach more Lots teenagers and provide greater impact big in prevent early marriage in Indonesia.

b. Factor affecting Program Effectiveness

Effectiveness of Guidance Program Teenager Age Schools (BRUS) are influenced by various related factors with method material delivered, level involvement participants, and suitability time implementation of research This identify a number of factor main role important in the success of this program, which can influence to what extent the BRUS program was successful change perception teenager about early marriage .

a) Clarity of the Material Conveyed

One of very important factor influence the effectiveness of the BRUS program is clarity the material presented to participants. Research results show that part big Respondent give evaluation positive to clarity the material presented in the program. The material is arranged in a way systematic, easy understood, and relevant with life daily teenagers, giving greater understanding Good about impact negative early marriage, good from aspect social, economic, and psychological. In terms of this, delivery structured material with Good become element key in ensure that participant can absorb information with maximum and can connect it with condition life they Alone.

Most of the participant disclose that they feel more capable understand impact term long from early marriage after follow this program. They are more realize that early marriage No only impact on the future education, but also on mental and social health they. With greater understanding in this, teenager tend become more critical to view social which considers early marriage as solution or road go out from problems faced.

b) Involvement Participant in the Program

Besides clarity material, level involvement participant in the program also plays role important in the success of BRUS. This program involving various activities, such as discussion groups, workshops, and sessions counseling, which is designed For push participation active from participants. Research results show that level involvement participant in activities the Enough high. Many participants felt more motivated For follow

this program Because existence chance For discuss in a way open and sharing experience with Friend same age as well as competent counselor.

Involvement active in discussions and other activities allow participant For more understand the topics discussed and linking them with situation personal they. This process No only help participant in get information, but also provide they feel in control to the decisions they make take, including about early marriage. Therefore that, level high engagement contribute big on improvement effectiveness of the program in change attitudes and perceptions teenager.

c) Program Implementation Time Suitability

Compliance time program implementation also becomes factors that influence effectiveness of the BRUS program. Research This find that time flexible and feasible program implementation customized with timetable participant very influence level participation and understanding They. Programs that are implemented at the right time, such as moment holiday school or on weekends, allowing more Lots teenager For follow session guidance without must bother activity Study they. This is show that planning good time can increase level participation and help participant in absorb material with more Good.

d) Challenge in Delivery of Material

However, even though part big participant report existence improvement understanding, there is around 15-20% of respondents felt difficulty in understand the material provided. Difficulty This generally occurs in adolescents who have background behind more education low or less used to with complex material. Some participant report that they feel difficulty in analyze impact term long from early marriage, especially in matter How early marriage can influence life them in the future, well in a way social and economy.

Difficulty in understand material This show that need There is adjustment in method delivery material. More material simple and easy understood need prepared For group teenagers who have background behind different education. In addition, it is necessary There is strengthening understanding through method more teaching interactive and based experience, such as use studies case or more simulations relevant with life daily they. The BRUS program is also necessary adapt method delivery to be more inclusive, for example with introduce approach visual-based or use technology For to clarify difficult concepts. With Thus, the effectiveness of the program can be improved, and all participants, including those who have background behind education low, can more easy understand and digest the material presented (Aini, 2024).

In a way overall, the factors that influence the effectiveness of the BRUS Program including clarity material presented, involvement participants, and suitability time program implementation. Although part big Respondent feel more understand and be involved, still There is challenge in reach all teenagers, especially those who have level education more low. Therefore that 's important For do adjustment in method delivery materials and provide more Lots chance for teenager with background behind different education For understand material with more Good.

c. Social and Psychological Impacts

Apart from the impact reflected cognitive in improvement understanding about early marriage Childhood Guidance Program Teenager Age School (BRUS) also succeeded create impact positive social and psychological for the participants. Impact This seen in change attitude social participants, increased sense of trust yourself, and optimism they towards the future. This program give more benefits from just give knowledge about danger early marriage, but also teaches skills very life important in form character and decisions life they (*Guidance for School Age Youth (BRUS)*, 2024).

a) Increased Sense of Trust Self and Optimism

One of impact main of the BRUS program is increased sense of confidence oneself among participants. Most of them teenagers who participated in this program report that they feel more confident and optimistic about the future they. Before follow the program, many teenagers who feel pressured by expectations social and family about early marriage. However, after following BRUS, they feel more capable make wise decision about the future they, including in matter education, career, and marriage. Increased self-confidence self this is also influenced by the fact that this program give they clear and relevant information about risk early marriage and alternative more solutions good, like continue education and pursuit ideals.

Optimism emerged among teenager This very important Because can give they encouragement For overcome various challenge life with more positive. This program help they For realize that they own control over the future they and that postpone early marriage No only a wise decision, but also a steps to be taken bring them to more life stable and full potential.

b) Skills Emotional Management and Decision Making

The BRUS program does not only focus on teaching about early marriage, but also teaches skills management emotions, taking decisions, and effective communication. Teenagers often face pressure strong emotions in life everyday, including in matter social interaction, relationship family, and future choices they. In the context this, skills management taught emotions in the BRUS program very help teenager For more wise in overcome pressures the.

Teaching about taking rational decisions are also very useful. This program teach participant For consider various factor before make decision important in life they. This is No only valid For decision about marriage, but also for decision other like choice career and education. With skills this, teenager become more ripe in face problem life and more Ready in determine appropriate steps with objective life they.

c) Positive Social Attitudes and Awareness of the Role of the Family

In addition to the increase trust self and skills management emotions, the BRUS program was also successful push teenager For form attitude more social positive. Teenagers who participate in this program show improvement awareness about importance role family and society in support decision they. Many participants who previously feel isolated or

pressured by pressure family or norm social, but after following the program, they feel more supported and more capable communicate in a way open with family they about decision life that will taken. This program also emphasizes importance build healthy and mutually beneficial relationships support between adolescents, families, and communities. Through session counseling and discussion group, participants Study For more understand role family in support decision them and how they Can speak in a way open about the problems they have face. Awareness This strengthen bond social them and help create a better environment positive and supportive.

In a way overall, impact social and psychological from the BRUS Program very significant. This program No only succeed increase knowledge teenager about early marriage, but also provides they skills important For manage emotions, making wise, constructive decisions attitude more social positive. In addition, this program has succeed increase confidence self and optimism of the participants, which in turn help they make more decisions ripe about the future they. Impact This show that the BRUS program does not only give knowledge theoretical, but also prepare teenager For face challenge life with more ready and confident self (Haqie & Widiyanto, 2024).

d. Lack in Program Achievements

Although results study show that the Guidance Program Teenager Age School (BRUS) provides significant impact to perception teenager about early marriage, there is a number of lack in program achievements, especially related with accessibility and inclusivity. Disadvantages This influence how much wide impact positive that can felt by all teenagers in the Regency Sukabumi, especially those who live in more remote areas remote or not enough covered by this program (Oil et al ., 2024).

a) Program Accessibility

One of problem The main problems faced by the BRUS program are limitations in matter accessibility, especially for teenagers living in remote areas or area with lack of infrastructure adequate. Some teenagers who live Far from center program activity reporting difficulty For follow session guidance Because long distance, cost transportation, and limitations the time they have. This is cause part big teenagers in the regions the No fully get benefit of this program. Although this program Already carried out in various location, inaccessibility of certain areas still become constraint big in ensure that all teenagers, especially those in rural areas or remote, can follow the program and feel the impact. Most of participants who do not covered by this program feel that they No get sufficient information about danger early marriage and important continue education. Conditions This make things worse inequality social and educational among adolescents who live in urban areas and those who live in more rural areas isolated. In addition, the limitations facilities in the area remote also becomes obstacles, because Lots a place that is not own adequate facilities For organize activity guidance, such as room comfortable class or tool required props For increase understanding material (Oil et al ., 2024).

b) Lack of Counseling Advanced

Other deficiencies found in study This is lack of counseling more carry on after participant follow session guidance. Although the BRUS program provides useful information during session guidance, lots teenagers who feel not enough get support advanced For truly apply what has been they learn. Some participant report that after following the program, they No get chance For discuss more carry on topics that have been discussed, or even No There is evaluation more carry on about understanding they to the material presented. This shows that even though this program successful at the time session guidance, there is lack in ensure that messages and lessons conveyed truly accepted and implemented in life the participants daily lives. Counseling advanced This very important Because can give participant chance For overcome obstacle or the challenges they face face it in practice knowledge that has been they get. Without existence act further, the effectiveness of the program will limited, because information provided Possible No Enough For make change sustainable attitude.

c) Evaluation and Improvement Program Implementation

Disadvantages This show the need evaluation more carry on about location implementation and methods For reach more Lots teenagers in various regions. The BRUS program must more notice aspect inclusivity, with method expand reach and ensure that teenagers in the regions remote can access it. One of the solutions that can under consideration is use technology For convey program materials online, so that teenager from more areas remote can access it without must come direct to location implementation. In addition, it is important For increase program sustainability with provide counseling advanced for participant after they follow session guidance. This program need introduce mechanism act further possible participant For Keep going get support in understand and apply the knowledge they have get (Rahadianti & Muslim, 2023). In general overall, although the BRUS Program has give significant impact to change perception teenager about early marriage, still there is lack in program achievements, especially in matter accessibility and outreach continued. For ensure greater impact large and sustainable, evaluation to program implementation, including ways For reach more Lots teenagers, as well as strengthening act continue the program, very required. With repair mentioned, this program expected can give more benefits wide for teenagers all over Regency Sukabumi (*BRUS, Early Marriage Prevention Program for Teenagers - Regional Office of the Ministry of Religion, Central Java Province*, 2023).

e. Recommendation For Program Improvement

Based on results study this, some recommendation For improvement the effectiveness of the BRUS program is as following (Husniah et al., 2024):

a) Material Improvement

The material presented need more customized with various background behind education participants, with a more approach inclusive and interactive.

b) Improvement Accessibility

Required business For reach more Lots teenagers, especially in underprivileged areas affordable, and provide easy information accessed through various media.

c) Training For Facilitator

Program facilitators need to given training more carry on For overcome challenges faced by teenagers in understand materials, as well as For increase involvement participant.

d) Monitoring and Evaluation

Important For conduct monitoring and evaluation in a way sustainable use know program effectiveness and conduct necessary repairs For ensure sustainability the impact.

In a way overall, the BRUS Program has succeed increase perception teenager about early marriage, but For reach more optimal results, it is necessary done improvement in various aspects, including method delivery materials, program accessibility, and training facilitator (Sundari et al., 2023).

4. CONCLUSION

Study This show that the Guidance Program Teenager Age School (BRUS) has influence significant to change perception teenager about early marriage in the Regency Sukabumi. Research results show that this program succeed increase awareness teenager about impact negative early marriage, with influence by 68.8%. Influence This reflected in improvement understanding and change attitude they about importance postpone wedding until they Ready in a way emotional, social, and financial. The effectiveness of this program very influenced by factors like clarity material presented, involvement participants, and suitability time implementation. Respondents report that they feel more capable understand consequence term long from early marriage after follow this program. However, even though part big participant feel benefit positive, still There is around 15-20% who feel difficulty in understand material, especially among teenager with background behind more education low. Although Thus, the BRUS program has been proven effective in increase understanding teenager about danger early marriage and provide impact positive to change attitude them. However, still there is challenge in matter program accessibility, especially for teenagers living in the area remote, as well as importance improvement quality teaching and training for facilitator. Therefore that, is needed evaluation sustainable and improving in various aspect For ensure greater impact extensive and sustainable of this program. In overall, the BRUS Program delivers contribution important in prevent early marriage and improve quality life teenagers in the Regency Sukabumi. Recommendations for future research include incorporating digital intervention aspects that can reach a broader audience more effectively, thereby supporting an inclusive and adaptive approach. Especially in this digital age, where many people can connect through social media, which has the potential to increase early marriage rates.

REFERENCES

- Aini, NN (2024). Success of Guidance and Counseling Program Age Premarital in Reducing Child Marriage Rates William R. Duncan's Theory. *Al- Furqan: Journal of Religion, Social and Culture*, 3 (6), 2776–2786.
- Guidance Teenager Age School (BRUS)*. (2024, October 2). BKKBN. <https://kampungkb.bkkbn.go.id/kampung/7709/intervention/1074983/bimbingan-remaja-usia-sekolah-brus>
- BRUS, Prevention Program Marriage Early Age for Youth —Regional Office of the Ministry of Religion of the Province Central Java*. (2023). <https://jateng.kemenag.go.id/berita/brus-program-pencegahan-perkawinan-usia-di-ni-bagi-remaja/>
- Darwin, MR, & Putra, S. (2024). Community Guidance and Education in Villages Lake Clear For Prevent Early Marriage Through Service Guidance Social . *Altafani*, 4 (2), Article 2. <https://doi.org/10.59342/jpkm.v4i2.806>
- Febriyani, R., & Mesra, R. (2024). Efforts of the District KUA Samara in Reducing Early Marriage Rates in the Regency Garut. *Ethics (Education and Social Science Journal)*, 1 (5), Article 5.
- Haqie, N., & Widiyanto, MD (2024, December 2). *Guidance Program Teenager Age School (BRUS)* ... La Tansa University Mashiro.
- Husniah, WO, Safaria, R., Edison, E., & Robiyatun , H. (2024). Career Education and Impact Negative Early Marriage Among Teenagers in Islamic Junior High Schools Waburense. *Journal of Human and Education (JAHE)*, 4 (6), Article 6. <https://doi.org/10.31004/jh.v4i6.2032>
- Khaeriyah, S. (2022). Impact Early Marriage (Case Study of Three People Who Experienced It) Early Marriage in the District Cikande). *INSIGHT: Journal Guidance Counseling*, 11 (1), Article 1.
- Rahadiani, A., & Muslim, A. (2023). Strategy and Impact KUA policy in Reducing the Number of Early Marriages in the District The Karangpawitan Regency Garut. *Journal Governance and Policy (JPK)*, 4 (2), Article 2. <https://doi.org/10.18196/jpk.v4i2.16198>
- Sasmita, K., Jannati, Z., & Putra, BJ (2024). Implementation Guidance Premarital Counselors at the KUA in Reduce Early Marriage in Adolescents. *Social Science and Contemporary Issues Journal*, 2 (3), 508–512.
- Sundari, S., Dalimunthe, RZ, & Wibowo, BY (2023). Development of Guidance Module Technical Discussion Group For Give Understanding About Early Marriage. *Diversity Guidance and Counseling Journal*, 1 (1), Article 1.

Wulandari, K., Wibawa, S., & Kuntjoro, B. (2018). Efektivitas Program Desa Yang Didanai Oleh APBN (Dana Desa) Tahun 2016 Di Banjarsari, Grabag, Magelang. *Jurnal Mahasiswa Administrasi Negara (JMAN)*, 02(01), 150–158.